



# Agenda

## Sample Leadership Retreat

**9:00 a.m. – 4:00 p.m.**

<b>8:00 a.m. – 9:00 a.m.</b>	<b>Registration</b>	Any Location You Choose Either Near or Far Away
<b>9:00 p.m.- 10:30 a.m.</b>	<b>Introductions/Deinhibitizers</b> Icebreakers Energizers	We create a space where learning can occur through interactive activities.
<b>10:40 a.m.– Noon</b>	<b>Full Value Contract/Strength Development</b> StrengthsFinder 2.0 Introvert vs. Extrovert	It is important for the group to understand the social norms & strengths that each individual brings to the team.
<b>Noon – 1:00 p.m.</b>	<b>Lunch</b>	Always customized and delicious.
<b>1:00 p.m. – 2:00 p.m.</b>	<b>Experiential/Leadership Initiatives</b> Pair and Share	Paradigm Shift consultants provide leadership development through experiential learning.
<b>2:10 p.m. – 3:30 p.m.</b>	<b>Time Management/ Intentional Leadership</b> Quadrants, Time + Benefit=Efficiency, SMART Goals	We are huge believers in managing your time to maximize your goals. This session highlights time management techniques to prioritize your time
<b>3:30 p.m. – 4:00 p.m.</b>	<b>Reflection/Closing</b> Q & A Reflection Group Processing	All retreats finish with a personalized opportunity for the groups to reflect and share.

### Additional Instructions:

This is a sample agenda for a one-day leadership retreat. The retreat can be in any location. If you have a preferred location, we can meet you there. If you would like Paradigm Shift to plan and organize your location, we can arrange that for you as well.